

# Super Kids Reading Program

January 25—Feb 12

Mon, Wed, Fri 4:30-5:30

Owner, Becky Blake

425-493-5303

[www.askBeckyBlake.blogspot.com](http://www.askBeckyBlake.blogspot.com)

**Learning to read is more than the eyes and brain reading letters and words. The brain and body need to be working efficiently in order to get to the higher function of reading.**

Reading starts in the inner neuro systems in our children even before our children are born. Our brains and bodies get reading to read by sucking, blowing and crawling. These activities strengthen the Vestibular system (inner ear, eyes, balance, coordination), Proprioception (knowing where our bodies are in space in regards to gravity), Muscle Tone (not our muscle strength, but how fast our muscles respond to a stimulus), lateralization and interhemispheric integration (both sides of our brains communicating effectively with each other).

This program helps to find the core issues to the reading difficulties and delays. We will then work on weak neuro systems, while celebrating your child's strengths. You child will also learn how to self regulate, learn what his/her body feels like when stressed and will learn some tools to help get out of the stressed state. **STRESSED SYSTEMS DO NOT GET STRONGER!** Students will also work on reading and writing using several successful time proven curricula's.

We start each session with activities to integrate the brain/body/nervous system. Then we will do some reading and writing work. Everything done in this program has a scientific neuro reason strengthening the neuro systems and integrating the brain and body which gets your child ready to read!!

In this program, parents will be asked to do some fun home activities with their child. Keep it fun. Keep it simple, as that is when learning takes place. Stop activities before your child is ready to stop, which helps keep it interesting. I will offer weekly suggestions. I also would like parent feedback, which will help your child be even more successful. Let me know what is working, what your child likes to do and doesn't like to do and let me know of any questions you may have.

If you would like a more comprehensive look at your child's strengths and neuro weaknesses, as well as a home program for your child (if certain activities could happen everyday, your child would make even greater gains, quicker!) owner, Becky Blake, would love to do a Screening with your child. This screening only takes an hour. The presentation of results, which takes around 2 hours, will help you and your child understand his/her learning style, what neuro systems are weak and why. You will then learn some activities to do, everyday, at home that will strengthen the weak systems! This is a very eye opening life changing screening for everyone involved. **ALL BEHAVIOR IS A MEANS OF COMMUNICATION!** By learning what your child's actions and behaviors are trying to tell you and by learning what you can do to help will help your child reach his/her TRUE POTENTIAL and become a leader in his/her life! I continue to see this happen over and over again in the children I work with! I look forward to working with your child and with you!